

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



A little progress each day adds
up to BIG results



GOAL SETTING PLANNER

FEBRUARY

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....

.....

.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....

.....

.....

Face what isn't working

.....

.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



Great things never came from
comfort zones



GOAL SETTING PLANNER

MARCH

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....

.....

.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....

.....

.....

Face what isn't working

.....

.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



Motivation gets you going
and habit gets you there
-Zig Ziglar



GOAL SETTING PLANNER

APRIL

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....
.....
.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....
.....
.....

Face what isn't working

.....
.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



Setting goals is the first step in
turning the invisible into the visible
-Tony Robbins

GOAL SETTING PLANNER

MAY

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....
.....
.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....
.....
.....

Face what isn't working

.....
.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



Setting goals is the first step in
turning the invisible into the visible
-Tony Robbins

GOAL SETTING PLANNER

JUNE

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....

.....

.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....

.....

.....

Face what isn't working

.....

.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



It always seems impossible
until it's done.
- Nelson Mandela



GOAL SETTING PLANNER

JULY

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....
.....
.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....
.....
.....

Face what isn't working

.....
.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



Everybody has their own Mt.Everest.
-we were put on this earth to climb.
-Seth Godin

GOAL SETTING PLANNER

AUGUST

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....
.....
.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....
.....
.....

Face what isn't working

.....
.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



If the plan doesn't work, change the plan, not the goal.



GOAL SETTING PLANNER

SEPTEMBER

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....

Face what isn't working

.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



Set goals and crush them.



GOAL SETTING PLANNER

OCTOBER

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....

.....

.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....

.....

.....

Face what isn't working

.....

.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



You are never too old to set another goal or dream a new dream.

- C S Lewis

GOAL SETTING PLANNER

NOVEMBER

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....

.....

.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....

.....

.....

Face what isn't working

.....

.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....



People with goals succeed because they know where they are going.
-Earl Nightingale

GOAL SETTING PLANNER

DECEMBER

SUNDAY				MONDAY				TUESDAY				WEDNESDAY				THURSDAY			
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep		Best	Rest	Prep

This month's success books to read

.....

.....

.....

This month's Motivational Audio Program

.....

Clean up my Incompletes and Messes

.....

.....

.....

Face what isn't working

.....

.....

This Month's....

Best new success principle

New success habit

Mastermind group meeting

Skill to learn

Relationship to work on

This Month's Affirmation.....

.....

.....

.....

.....

.....

FRIDAY				SATURDAY			
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep
	Best	Rest	Prep		Best	Rest	Prep

This Month's Breakthrough Goal

.....

.....

.....

.....

This Month's Action Items

.....

.....

.....

.....

.....

.....

.....

.....

Lessons Learned

.....

.....

.....

.....

.....

.....

.....

.....

.....

Keeping Score

Best result days ☐

Last Month ☐

Rest & Relaxation days ☐

Last Month ☐

Preparation days ☐

Last Month ☐

What do I need to ask...

.....

.....

.....

.....

.....

For what?

.....

.....

.....

.....

.....